

Richard Lin, DO | Jaron Anderson, MD | Mark Cubberly, MD | Kelvin Kim, MD | Ryan Stancil, MD | Martina Randall, DPM

14642 Newport Ave #105 Tustin CA 92780 | 710 N. Euclid Street #202 Anaheim, CA 92801 | 11180 Warner Ave #161 Fountain Valley, CA 92708 | 420 E.3rd Street #910 Los Angeles, CA 90013

Phone: 949-688-0958 Fax: 949-688-0960

		PATIENT INFORM	TATION		
Patient Name: Date of Birth:					
-	Last name,				
Sex: □ M □ F			☐ Marrie	d □ Single □ Widowed	☐ Divorced
Street Address:				_APT#:	
City:		State:Zip (Code:	_APT#:	
Email:			_		
Emergency Cont	tact	Relation	nship:		
Phone number:					
Occupation:		Employ	yer:		
Family Doctor:_		Phone:	;		
Pharmacy:		Phone	:		
,					
Chief Complair	1t:				
Medical History	: Please mark the cor	nditions that apply to you			
None			Hyperte	ension	
Heat Failur	re re		Diabete	S	
Seizure			COPD		
GI/GU			Physica	l Handicap	
Prosthetic	Device		Heart D		
	scular Accident		Renal		
	Cancer		Psych		
GERD			Other:		
I					
		Medication/ A	Allergies		
Please let the of	fice know if you need	d additional space for med	ication list.		
Me	edication	Dose/amount		How Ofte	n

Please list allergies and reactions to any medication you have had in the past including food allergies.

1. Are you a loud, habitual snorer, disturbing your bedroom companion? 2. Do you feel tired and groggy on awakening? 3. Do you experience sleepiness and fatigue during waking hours? 4. Have you been observed to choke/ hold your breath during your sleep? 5. Are you taking, or ever taken steroid medication? 6. Do you use/smoke any mood altering or recreational substance? 7. Have you had a fever, sore throat or any cold in the last week? If yes, describe briefly:	Medication Allergies		Reaction	ı
 Do you feel tired and groggy on awakening? Do you experience sleepiness and fatigue during waking hours? Have you been observed to choke/ hold your breath during your sleep? Are you taking, or ever taken steroid medication? Do you use/smoke any mood altering or recreational substance? Have you had a fever, sore throat or any cold in the last week? If yes, describe briefly: Do you have any loose teeth, dentures, partial plates or crowns? Have you ever smoked cigarettes? 				
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8. Do you have any loose teeth, dentures, partial plates or crowns?9. Have you ever smoked cigarettes?	7. Have you had a fever, sore throat or any cold in the I	ast week?		
9. Have you ever smoked cigarettes?	If yes, describe briefly:		- —	
	8. Do you have any loose teeth, dentures, partial plate	es or crowns?		
If yes, how many packs a day? For how long? if you stopped, w	9. Have you ever smoked cigarettes?			
	If yes, how many packs a day? For how long?	if you stopped,	when did	l you quit?
10. Do you drink alcoholic beverages?	10. Do you drink alcoholic beverages?			
	ature of Patient (or Parent/Legal Guardian)	 Date		

Please read the following and mark all that apply to you. The information obtained will greatly assist your anesthesiologist in planning the safest and most pleasant anesthetic to use. If the answer to any of these questions none, please mark NONE.

Lung Problems NONE	Heart Problems NONE	Bleeding Problems NONE	Other
Bronchitis Heart attack		Brain Disease/Strokes	Kidney Problems
Emphysema	Heart murmur	Epilepsy/ Seizures	Liver Problems
Asthma	Chest Pain/Angina	Nervous system problems	Hepatitis
Wheezing	Heart failure	Thyroid Problems	
	Palpitations/ Arrythmia	Diabetes	
	High Blood Pressure	Muscle Disease/ Arthritis	
	Other Heart Problems	Cancer	
		Sleep Apnea	
ces):		es/Anesthetics (including a	
= =	ious Operations/ Surgerie	Type of Anesthesia	nesthesia at dental Problems (if any)
ces):			
Ces): Operation	Date	Type of Anesthesia	
ces): Operation List any other HO		Type of Anesthesia	
Ces): Operation List any other HO	Date SPITALIZATIONS NOT incl	Type of Anesthesia	
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ces): Operation List any other HO 1. 2. 3.	Date OSPITALIZATIONS NOT incl	Type of Anesthesia	Problems (if any)
ces): Operation List any other HO 1. 2. 3.	Date SPITALIZATIONS NOT include the sever had difficulty or problem sever had difficulty difficulty or problem sever had difficulty dif	Type of Anesthesia	Problems (if any)

Patient name:	Date of birth:					
	ASSIGNMENT OF BENEFITS					
Orthopaedic Associates of Southern Calif knowledge, all statements contained he California to release information requeste all benefits payable by my insurance com	e the performance of all treatment, surgery fornia which they may deem advisable. I hereon are true. I also hereby authorize (ed by the insurance company and/or its repany to my provider, Orthopaedic Association consent will continue until cancelled by	nereby certify that to the best of my Orthopaedic Associates of Southern presentative. I hereby agree to assign tes of Southern California				
I authorize Orthopaedic Associates of Southern California to render necessary medical or surgical treatment to the above- named minor of whom I am the parent or legal guardian.						
	FINANCIAL AGREEMENT					
regardless of insurance coverage, excluded contract. I hereby agree to pay the inteservices for myself and my dependents. I attorney's fee, collection agency expenses tate and federal laws. Because my provide	ole for all charges incurred for medical seding only authorized covered services properties rate of 10% per annum for all outstall furthermore agree to pay legal expenses and all expenses incurred to collect an adder is billing my insurance as a courtesy and cation of my employment in the event that	rovided under a valid prepaid HMO anding charges incurred for medical including court cost and reasonable amount I may owe as allowed by the ad for this reason, I may incur debt to				
Signature of Patient/Guarantor	Print Name	Date				
Signature of Guarantor (If patient is a minor)	Print Name	Date				
Cancellation Fee Schedule						
appointments result to significant financi	te notification translates to missed revenue al loss to any provider. Orthopaedic Assoc ad/or the right to charge a fee for any sche	ciates of Southern California reserves				
 Cancelled with less than 24-hour Missed the appointment without Patients who are 10 minutes late 		e considered a no show.				
Other Office Fees						
	ornia. requires payment for the completic p. By signing below, I attest that I have rea					
Patient/Guarantor Signature	Date					

Patient Consent for use and Disclosure of Protected Health Information (PHI)

I hereby give my consent for Orthopaedic Associates of Southern California to use and disclose protected health information about me to carry out treatment, payment and health care operations. The Notice of Privacy Practices provided by Orthopaedic Associates of Southern California describes such uses and disclosures more completely. I have the right to review the Notice of Privacy Practices prior to signing this consent. Orthopaedic Associates of Southern California reserves the right to revise its Notice of Privacy Practices at any time. A revised Notice of Privacy Practices may be obtained by forwarding a written request to:

Orthopaedic Associates of Southern California

14642 Newport Ave Suite 105 Tustin CA, 92780 **Phone**: (949) 688-0958 **Fax**: (949) 688-0960

With this consent Orthopaedic Associates of Southern California may call my home or other alternative location and leave a message or voicemail or in person in reference to any items that assist the practice in carrying out my treatment, payment of health care operations, such as appointment reminders, insurance items and any calls pertaining to my clinical care, including laboratory test results, among others.

With this consent, Orthopaedic Associates of Southern California may mail to my home or other alternative location any items that assist the practice in carrying out treatment, payment or health care operations, such as appointment reminder cards and patient statements. I have the right to request that Orthopedic Associates of Southern California restrict how it uses or discloses my protected health information to carry out treatment, payment or health care operations. The practice is not required to agree to my requested restrictions, but if it does, it is bound by this agreement.

By signing this form, I am consenting to allow Orthopaedic Associates of Southern California to use and disclose my protected health information to carry out treatment, payment or health care operations.

I may revoke my consent in writing except to the extent reliance upon my prior consent. If I do not sign this cons Southern California may decline to provide treatment to	ent, or later revoke it, Orthopaedic Associates of
Signature of Patient (or Parent/Legal Guardian)	Date
Print Patient's Name	Parent/Legal Guardian Name (if applicable)
	E OF PRIVACY PRACTICES OF ORTHOPAEDIC OF SOUTHERN CALIFORNIA
By signing this document, I acknowledge that notice of pand I may request for a copy the Notice of Privacy Practican be used and disclosed by this medical office.	• •

Date

Printed Patient's Name: _

Signature of Patient (or Parent/Legal Guardian)



Orthopaedic Associates Of Southern California

14642 Newport Ave Suite 105 Tusitn, CA 92780 11180 Warner Avenue Suite 161 Fountain Valley, CA 92708 710 N. Euclid ST. STE# 202 Anaheim, CA 92801 420 E. 3rd Street Suite 910 Los Angeles, CA 92708

AUTHORIZATION FOR USE AND DISCLOSURE OF MEDICAL INFORMATION

This authorization allows the healthcare provider(s) named below to release confidential medical information and records. Note: *Information and records regarding treatment of minors, HIV, psychiatric/mental health conditions, or alcohol/substance abuse have special rules that require specific authorization.*

Date:		Medical Record#:		(For office use)	
Patient Name (Please print):					
		Last Name		First Name	
Address:					
Date of Birth:		Telephone Number:_			
AUTHORIZATION: I hereby authorize Orthopaedic health information to the person			fornia to releas	se information of my	
□ Name: □ Name: □ Name:		□ Email:			
Mail to:					
Name					
Address					
City			State	Zip Code	
Release information regarding: All Medical Records Progress Notes Lab Test Reports Physical Therapy Reports Surgery Reports Other (Specify):		Radiology Reports (MRI, Radiology Film/CDs (X-ra *CD is not compatible & can	ay, CT, MRI)		

Patient Name (Please print):		,		
` -	Last Name		First Name	
**The medical information/records will be used for the following purpose:				
**If moving, please provide ne	w mailing address:			
Treatment	rds, excluding Substance		· •	
	> \\ & & \\			
<u>DURATION:</u> This authorization shall be effe	ective immediately and re	emain in effect unt	ri1	
This authorization shall be effe	ctive ininicalately and re	mani in once and	DATE	
RESTRICTIONS: Permissions for further use or dauthorization is obtained from relaw.			· ·	
I have been advised of my right	to receive a copy of this	authorization.		
Signature of Patient or Patient's	Representative		Date	
Print Name and Relationship to	Patient			
****	Please allow 48 hours fe	or processing***	*	
Orthopaedic Associates Of So	outhern California			
OFFICE USE ONLY				
Received by:	Dat	te Processed	NOTES :	

PHYSICIAN-PATIENT ARBITRATION AGREEMENT

Article 1: **Agreement to Arbitrate:** It is understood that any dispute as to medical malpractice, that is as to whether any medical services rendered under this contract were unnecessary or unauthorized or were improperly, negligently, or incompetently rendered, will be determined by submission to arbitration as-provided by California law, and not by a lawsuit or resort to court process except as California law provides for judicial review of arbitration proceedings. Both parties to this contract, by entering into it, are giving up their constitutional rights to have any such dispute decided in a court of law before a jury, and instead are accepting the use of arbitration.

Article 2: **All Claims Must be Arbitrated:** It is the intention, of the parties that this agreement bind all parties whose claims may arise out of or relate to treatment or service provided by the physician including any spouse or heirs of the patient and any children, whether born or unborn, at the time of the occurrence giving rise to any claim. In the case of any pregnant mother, the term "patient" herein shall mean both the mother and the mother's expected child or children.

All claims for monetary damages exceeding the jurisdictional limit of the small claims court against the physician, and the physician's partners, associates, association, corporation or partnership, and the employees, agents and estates of any of them, must be arbitrated including, without limitation, claims for loss of consortium, wrongful death, emotional distress or punitive damages. Filing of any action in any court by the physician or patient to collect or contest any medical fee shall not waive the right to compel arbitration of any malpractice claim. However, following the assertion of any malpractice claims, any fee dispute, whether or not the subject of any existing court action, shall also be resolved by arbitration. Article 3: **Procedures and Applicable Law:** A demand for arbitration must be communicated in writing to all parties. Each party shall select an arbitrator (party arbitrator) within thirty days and a third arbitrator (neutral arbitrator) shall be selected by the arbitrators appointed by the parties within thirty days of a demand for a neutral arbitrator by either, party. Each party to the arbitration shall pay such party's pro rata share of the expenses and fees of the neutral arbitrator, together with other expenses of the arbitration incurred or approved by the neutral arbitrator, not including counsel fees or witness fees, or other expenses incurred by a party for such party's own benefit. The parties agree that the arbitrators have the immunity of a judicial officer from civil liability when acting in the capacity of arbitrator under this contract. This immunity shall supplement, not supplant, any other applicable statutory or common law.

Either party shall have the absolute right to arbitrate separately the issues of liability and damages upon written request to the neutral arbitrator. The parties consent to the intervention and joinder in this arbitration of any person or entity which would otherwise be a proper additional party in a court action, and upon such intervention and joinder any existing court action against such additional person or entity shall be stayed pending arbitration.

The parties agree that provisions of California law applicable to health care providers shall apply to disputes within this arbitration agreement, including, but not limited to, Code of Civil Procedure Sections 340.5 and 667.7 and Civil Code Sections 3333.1 and 3333.2. Any party may bring before the arbitrators a motion for summary judgment or summary adjudication in accordance with the Code of Civil Procedure. Discovery shall be conducted pursuant to Code of Civil Procedure section 1283.05; however, depositions may be taken without prior approval of the neutral arbitrator.

Article 4: **General Provisions:** All claims based upon the same incident, transaction or related circumstances shall be arbitrated in one proceeding. A claim shall be waived and forever barred if (1) on the date notice thereof is received, the claim, if asserted in a civil action, would be barred by the applicable California statute of limitations, or - (2) the claimant fails to pursue the arbitration claim in accordance with the procedures prescribed herein with reasonable diligence. With respect to any matter not herein expressly provided for, the arbitrators shall be governed by the California Code of Civil Procedure provisions relating to arbitration.

Article 5: **Revocation:** This agreement may be revoked by written notice delivered to the physician within 30 days of signature. It is the intent of this agreement to apply-to all medical services rendered any time for any condition.

Article 6: **Retroactive Effect:** If patient intends this agreement to cover services rendered before the date it is signed (including, but not limited to, emergency treatment) patient should initial below:

_____ (initial)
Patient's or Patient's Representative's Initial

If any provision of this arbitration agreement is held invalid or unenforceable, the remaining provisions still remain in full force and shall not be affected by the invalidity of any other provision.

I understand that I have the right to receive a copy of this arbitration agreement. By my signature below, I acknowledge that I have received a copy.

NOTICE: BY SIGNING THIS CONTRACT YOU ARE AGREEING TO HAVE ANY ISSUE OF MEDICAL MALPRACTICE DECIDED BY NEUTRAL ARBITRATION AND YOU ARE GIVING UP YOUR RIGHT TO A JURY OR COURT TRIAL. SEE ARTICLE 1 OF THIS CONTRACT.

By:	By:		
Physician's or Authorized Representative's Signature DATE	Patient's or Patient's Representative's Signature		
Orthopaedic Associate of Southern California	By:		
Print or Stamp Name of Physician	Print Patient's Name		
	(If Representative, Print Name and Relationship		
	To Patient)		



NOTICE OF PRIVACY PRACTICES

Orthopaedic Associates Of Southern California 14642 Newport Ave #105 Tustin,CA 92780 | 710 N. Euclid Street #202 Anaheim, CA 92801 | 11180 Warner Ave #161 Fountain Valley, CA 92708 | 420 E.3rd Street #910 Los Angele s, CA 90013

THIS NOTICE DESCRIBES HOW MEDICAL INFORMATION ABOUT YOU MAY BE USED AND DISCLOSED AND HOW YOU CAN GET ACCESS TO THIS INFORMATION. PLEASE REVIEW IT CAREFULLY.

We understand the importance of privacy and are committed to maintaining the confidentiality of your medical information. We make a record of the medical care we provide and may receive such records from others. We use these records to provide or enable other health care providers to provide quality medical care, to obtain payment for services provided to you as allowed by your health plan and to enable us to meet our professional and legal obligations to operate this medical practice properly. We are required by law to maintain the privacy of protected health information and to provide individuals with notice of our legal duties and privacy practices with respect to protected health information. This notice describes how we may use and disclose your medical information. It also describes your rights and our legal obligations with respect to your medical information. If you have any questions about this Notice, please contact our Privacy Officer listed above.

A. How This Medical Practice May Use or Disclose Your Health Information

This medical practice collects health information about you and stores it in a chart and on a computer. This is your medical record. The medical record is the property of this medical practice, but the information in the medical record belongs to you. The law permits us to use or disclose your health information for the following purposes:

- 1. Treatment. We use medical information about you to provide your medical care. We disclose medical information to our employees and others who are involved in providing the care you need. For example, we may share your medical information with other physicians or other health care providers who will provide services which we do not provide. Or we may share this information with a pharmacist who needs it to dispense a prescription to you, or a laboratory that performs a test. We may also disclose medical information to members of your family or others who can help you when you are sick or injured.
- 2. Payment. We use and disclose medical information about you to obtain payment for the services we provide. For example, we give your health plan the information it requires before it will pay us. We may also disclose information to other health care providers to assist them in obtaining payment for services they have provided to you.
- 3. Health Care Operations. We may use and disclose medical information about you to operate this medical practice. For example, we may use and disclose this information to review and improve the quality of care we provide, or the competence and qualifications of our professional staff. Or we may use and disclose this information to get your health plan to authorize services or referrals. We may also use and disclose this information as necessary for medical reviews, legal services and audits, including fraud and abuse detection and compliance programs and business planning and management. We may also share your medical information with our "business associates," such as our billing service, that perform administrative services for us. We have a written contract with each of these business associates that contains terms requiring them to protect the confidentiality and security of your medical information. Although federal law does not protect health information which is disclosed to someone other than another healthcare provider, health plan, healthcare clearinghouse, or one of their business associates, California law prohibits all recipients of healthcare information from further disclosing it except as specifically required or permitted by law. We may also share your information with other health care providers, health care clearinghouses or health plans that have a relationship with you, when they request this information to help them with their quality assessment and improvement activities, their patient-safety activities, their population-based efforts to improve health or reduce health care costs, protocol development, case management or care coordination activities, their review of competence, qualifications and performance of health care professionals, their training programs, their accreditation, certification or licensing activities, their activities related to contracts of health insurance or health benefits, or their health care fraud and abuse detection and compliance efforts. We may also share me
- 4. Appointment Reminders. We may use and disclose medical information to contact and remind you about appointments. If you are not home, we may leave this information on your answering machine or in a message left with the person answering the phone.
- 5. Sign In Sheet. We may use and disclose medical information about you by having you sign in when you arrive at our office. We may also call out your name when we are ready to see you.
- 6. Notification and Communication with Family. We may disclose your health information to notify or assist in notifying a family member, your personal representative or another person responsible for your care about your location, your general condition or, unless you have instructed us otherwise, in the event of your death. In the event of a disaster, we may disclose information to a relief organization so that they may coordinate these notification efforts. We may also disclose information to someone who is involved with your care or helps pay for your care. If you are able and available to agree or object, we will give you the opportunity to object prior to making these disclosures, although we may disclose this information in a disaster even over your objection if we believe it is necessary to respond to the emergency circumstances. If you are unable or unavailable to agree or object, our health professionals will use their best judgment in communication with your family and others.

 7. Marketing. Provided we do not receive any payment for making these communications, we may contact you to encourage you to purchase or use products or services related to your treatment, case management or care coordination, or to direct or recommend other treatments, therapies, health care providers or settings of care that may be of interest to you. We may similarly describe products or services provided by this practice and tell you which health plans we participate in. We may receive financial compensation to talk with you face-to-face, to provide you with small promotional gifts, or to cover our cost of reminding you to take and refill your medication or otherwise communicate about a drug or biologic that is currently prescribed for you, but only if you either: (1) have a chronic and seriously debilitating or life-threatening condition and the communication is made to educate or advise you about treatment options and otherwise maintain adherence to a prescribed course of

treatment, or (2) you are a current health plan enrollee and the communication is limited to the availability of more cost-effective pharmaceuticals. If we make these

communications while you have a chronic and seriously debilitating or life threatening condition, we will provide notice of the following in at least 14-point type: (1) the fact and source of the remuneration; and (2) your right to opt-out of future remunerated communications by calling the communicator's toll-free number. We will not otherwise use or disclose your medical information for marketing purposes or accept any payment for other marketing communications without your prior written authorization. The authorization will disclose whether we receive any financial compensation for any marketing activity you authorize, and we will stop any future marketing activity to the extent you revoke that authorization.

- 8. Sale of Health Information. We will not sell your health information without your prior written authorization. The authorization will disclose that we will receive compensation for your health information if you authorize us to sell it, and we will stop any future sales of your information to the extent that you revoke that authorization.
- 9. Required by Law. As required by law, we will use and disclose your health information, but we will limit our use or disclosure to the relevant requirements of the law. When the law requires us to report abuse, neglect or domestic violence, or respond to judicial or administrative proceedings, or to law enforcement officials, we will further comply with the requirement set forth below concerning those activities.
- 10. Public Health. We may, and are sometimes required by law to disclose your health information to public health authorities for purposes related to: preventing or controlling disease, injury or disability; reporting child, elder or dependent adult abuse or neglect; reporting domestic violence; reporting to the Food and Drug Administration problems with products and reactions to medications; and reporting disease or infection exposure. When we report suspected elder or dependent adult abuse or domestic violence, we will inform you or your personal representative promptly unless in our best professional judgment, we believe the notification would place you at risk of serious harm or would require informing a personal representative we believe is responsible for the abuse or harm.
- 11. Health Oversight Activities. We may, and are sometimes required by law to disclose your health information to health oversight agencies during the course of audits, investigations, inspections, licensure and other proceedings, subject to the limitations imposed by federal and California law.
- 12. Judicial and Administrative Proceedings. We may, and are sometimes required by law, to disclose your health information in the course of any administrative or judicial proceeding to the extent expressly authorized by a court or administrative order. We may also disclose information about you in response to a subpoena, discovery request or other lawful process if reasonable efforts have been made to notify you of the request and you have not objected, or if your objections have been resolved by a court or administrative order.
- 13. Law Enforcement. We may, and are sometimes required by law, to disclose your health information to a law enforcement official for purposes such as identifying of locating a suspect, fugitive, material witness or missing person, complying with a court order, warrant, grand jury subposen and other law enforcement purposes.
- 14. Coroners. We may, and are often required by law, to disclose your health information to coroners in connection with their investigations of deaths.
- 15. Organ or Tissue Donation. We may disclose your health information to organizations involved in procuring, banking or transplanting organs and tissues.
- 16. Public Safety. We may, and are sometimes required by law, to disclose your health information to appropriate persons in order to prevent or lessen a serious and imminent threat to the health or safety of a particular person or the general public.
- 17. Proof of Immunization. We will disclose proof of immunization to a school where the law requires the school to have such information prior to admitting a student if you have agreed to the disclosure on behalf of yourself or your dependent.
- 18. Specialized Government Functions. We may disclose your health information for military or national security purposes or to correctional institutions or law enforcement officers that have you in their lawful custody.
- 19. Worker's Compensation. We may disclose your health information as necessary to comply with worker's compensation laws. For example, to the extent your care is covered by workers' compensation, we will make periodic reports to your employer about your condition. We are also required by law to report cases of occupational injury or occupational illness to the employer or workers' compensation insurer.
- 20. Change of Ownership. In the event that this medical practice is sold or merged with another organization, your health information/record will become the property of the new owner, although you will maintain the right to request that copies of your health information be transferred to another physician or medical group.
- 21. Breach Notification. In the case of a breach of unsecured protected health information, we will notify you as required by law. If you have provided us with a current email address, we may use email to communicate information related to the breach. In some circumstances our business associate may provide the notification. We may also provide notification by other methods as appropriate.
- 22. Psychotherapy Notes. We will not use or disclose your psychotherapy notes without your prior written authorization except for the following: (1) your treatment, (2) for training our staff, students and other trainees, (3) to defend ourselves if you sue us or bring some other legal proceeding, (4) if the law requires us to disclose the information to you or the Secretary of HHS or for some other reason, (5) in response to health oversight activities concerning your psychotherapist, (6) to avert a serious threat to health or safety, or (7) to the coroner or medical examiner after you die. To the extent you revoke an authorization to use or disclose your psychotherapy notes, we will stop using or disclosing these notes.
- 23. Research. We may disclose your health information to researchers conducting research with respect to which your written authorization is not required as approved by an Institutional Review Board or privacy board, in compliance with governing law.
- 24. Fundraising. We may use or disclose your demographic information, the dates that you received treatment, the department of service, your treating physician, outcome information and health insurance status in order to contact you for our fundraising activities. If you do not want to receive these materials, notify the Privacy Officer listed at the top of this Notice of Privacy Practices and we will stop any further fundraising communications. Similarly, you should notify the Privacy Office if you decide you want to start receiving these solicitations again.
- B. When This Medical Practice May Not Use or Disclose Your Health Information

Except as described in this Notice of Privacy Practices, this medical practice will, consistent with its legal obligations, not use or disclose health information which identifies you without your written authorization. If you do authorize this medical practice to use or disclose your health information for another purpose, you may revoke your authorization in writing at any time.

- C. Your Health Information Rights
- 1. Right to Request Special Privacy Protections. You have the right to request restrictions on certain uses and disclosures of your health information by a written request specifying what information you want to limit, and what limitations on our use or disclosure of that information you wish to have imposed. If you tell us not to disclose information to your commercial health plan concerning health care items or services for which you paid for in full out-of-pocket, we will abide by your request, unless we must disclose the information for treatment or legal reasons. We reserve the right to accept or reject any other request, and will notify you of our decision.
- 2. Right to Request Confidential Communications. You have the right to request that you receive your health information in a specific way or at a specific location. For example, you may ask that we send information to a particular email account or to your work address. We will comply with all reasonable requests submitted in writing which specify how or where you wish to receive these communications.
- 3. Right to Inspect and Copy. You have the right to inspect and copy your health information, with limited exceptions. To access your medical information, you must submit a written request detailing what information you want access to, whether you want to inspect it or get a copy of it, and if you want a copy, your preferred form and format. We will provide copies in your requested form and format if it is readily producible, or we will provide you with an alternative format you find acceptable, or if we can't agree and we maintain the record in an electronic format, your choice of a readable electronic or hardcopy format. We will also send a copy to another person you designate in writing. We will charge a reasonable fee which covers our costs for labor, supplies, postage, and if requested and agreed to in advance, the cost of preparing an explanation or summary, as allowed by federal and California law. We may deny your request under limited circumstances. If we deny your request to access your child's records or the records of an incapacitated adult you are representing because we believe allowing access would be reasonably likely to cause substantial harm to the patient, you will have a right to appeal our decision. If we deny your request to access your psychotherapy notes, you will have the right to have them transferred to another mental health professional.
- 4. Right to Amend or Supplement. You have a right to request that we amend your health information that you believe is incorrect or incomplete. You must make a request to amend in writing, and include the reasons you believe the information is inaccurate or incomplete. We are not required to change your health information, and will provide you with information about this medical practice's denial and how you can disagree with the denial. We may deny your request if we do not have the information, if we did not create the information (unless the person or entity that created the information is no longer available to make the amendment), if you would not be permitted to inspect or copy the information at issue, or if the information is accurate and complete as is. If we deny your request, you may submit a written statement of your disagreement with that decision, and we may, in turn, prepare a written rebuttal. You also have the right to request that we add to your record a

statement of up to 250 words concerning anything in the record you believe to be incomplete or incorrect. All information related to any request to amend or supplement will be maintained and disclosed in conjunction with any subsequent disclosure of the disputed information.

5. Right to an Accounting of Disclosures. You have a right to receive an accounting of disclosures of your health information made by this medical practice, except that this medical practice does not have to account for the disclosures provided to you or pursuant to your written authorization, or as described in paragraphs 1 (treatment), 2 (payment), 3 (health care operations), 6 (notification and communication with family) and 18 (specialized government functions) of Section A of this Notice of Privacy Practices or disclosures for purposes of research or public health which exclude direct patient identifiers, or which are incident to a use or disclosure otherwise permitted or authorized by law, or the disclosures to a health oversight agency or law enforcement official to the extent this medical practice has received notice from that agency or official that providing this accounting would be reasonably likely to impede their activities.

6. You have a right to notice of our legal duties and privacy practices with respect to your health information, including a right to a paper copy of this Notice of Privacy Practices, even if you have previously requested its receipt by email.

If you would like to have a more detailed explanation of these rights or if you would like to exercise one or more of these rights, contact our Privacy Officer listed at the top of this Notice of Privacy Practices.

D. Changes to this Notice of Privacy Practices

We reserve the right to amend our privacy practices and the terms of this Notice of Privacy Practices at any time in the future. Until such amendment is made, we are required by law to comply with this

Notice. After an amendment is made, the revised Notice of Privacy Protections will apply to all protected health information that we maintain, regardless of when it was created or received. We will keep a copy

of the current notice posted in our reception area, and a copy will be available at each appointment.

E. Complaints

Complaints about this Notice of Privacy Practices or how this medical practice handles your health information should be directed to our Privacy Officer listed at the top of this Notice of Privacy Practices. If you are not satisfied with the manner in which this office handles a complaint, you may submit a formal complaint to:

Region IX Office for Civil Rights U.S. Department of Health & Human Services 90 7th Street, Suite 4-100 San Francisco, CA 94103 (415) 437-8310; (415) 437-8311 (TDD) (415) 437-8329 FAX OCRMail@hhs.gov

The complaint form may be found at www.hhs.gov/ocr/privacy/hipaa/complaints/hipcomplaint.pdf. You will not be penalized in any way for filing a complaint.